 **IV. TOKAJ OPEN INTERNATIONAL TRAINING CAMP**

**July 23. – July 272014**

**PROGRAM**

The camp's guest of honor and the main instructor: **Kancho Richard Gilles 8.dan**

Instructors**: Sensei Kishalmi Péter 4.dan (S.K.K.T.SZ President) and Sensei Laub János 4.dan(Camp organizer).**

Venues: II.RákóczyFerenc High School, 9Balcsy-ZsilinszkyEndrestreet inTokaj

**2014. july 23. (Wednesday):**

to17.00 Arrival, soonest

18.00 - 20.00 Training (Kancho Richard Gilles 8.dan, Sensei Kishalmi Péter 4.dan, Sensei Laub János 4.dan)

20.00 - 04.00 Getting started

**July 24 (Thursday):**

07.30 - 09.00 Breakfast

10.00 - 12.00 Training (Kancho Richard Gilles 8.dan, Sensei Kishalmi Péter 4.dan , Sensei Laub János 4.dan)

13.00 - Lunch

18.00 - 20.00 Training (Kancho Richard Gilles 8.dan, Sensei Kishalmi Péter 4.dan, Sensei Laub János 4.dan)

20.30 - Dinner

21.00 - 04.00 Getting started

**July 25 (Friday):**

07.30 - 09.00 Breakfast

10.00 - 12.00 Training (Kancho Richard Gilles 8.dan, Sensei Kishalmi Péter 4.dan, Sensei Laub János 4.dan)

12.00 - Lunch

18.00 - 20.00 Training (Kancho Richard Gilles 8.dan, Sensei Kishalmi Péter 4.dan, Sensei Laub János 4.dan)

20.30 - Dinner

21.00 - 04.00 Getting started

**July 26(Saturday):**

07.30 - 09.00 Breakfast

10.00 - 12.00 Training (Kancho Richard Gilles 8.dan, Sensei Kishalmi Péter 4.dan, Sensei Laub János 4.dan)

12.00 - Lunch

18.00 - 20.00 Training (Kancho Richard Gilles 8.dan, Sensei Kishalmi Péter 4.dan, Sensei Laub János 4.dan)

****20.30 - Dinner

21.00 - 04.00 Getting started

**July 27 (Sunday):**

 07.30 – 9.00 Breakfast

 9.00 - Departure

**Expenditures:**

**Camp fee, three meals a day, accommodation: 250 Euro**

**Further information**

**Sensei Laub János**

**Phone number: +36706192197 or**

**Email:** **kyo.shin.se@gmail.com**

**Please send application tothe above-mentioned e-mail address.**

 **Follows: - *name***

 **-*date of birth***

 **-*club***

 **-*belt***

**- *T-Shirt size (XL, L, M, S, XS)***

 **We wish you all good preparation and training OSU!** **Sensei Laub János 4.dan**